

Know My Limits

Choose low THC.

Lower-risk dried
cannabis products
have less than
10% THC.



WARNING: Do not use if pregnant or
breastfeeding. Using cannabis during
pregnancy can harm your baby and result
in low birth weight, preterm birth, and
developmental problems.
Consommer du cannabis pendant la
grossesse pourrait être nocif pour le
bébé et réduire son poids à la naissance.

10% THC



Learn more at [KnowMyLimits.ca](https://www.knowmylimits.ca)

LGCA
LIQUOR, GAMING & CANNABIS
AUTHORITY OF MANITOBA